

# EATING at the TABLE



**When I eat, I should  
sit at the table**



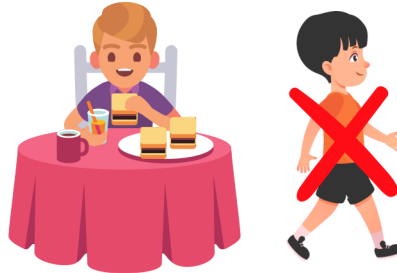
**Most people sit at the table  
for breakfast, lunch and dinner**



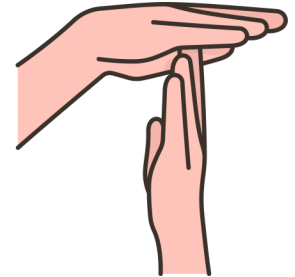
**I can snack in different spots,  
like outside or in the living room.**



**My family tells me when to eat  
at the table or somewhere else.**



**When I'm told to eat at the table,  
I can try to stay there**



**If I need to move my body,  
I can ask for a break**

**FIRST**



**THEN**

**If sitting is tough for me, my family  
will let me know what I can do next.  
First sit at table, then \_\_\_\_\_**



**Everyone will be really happy when I  
sit with them at the table for meals!**

**Acuity Behavior Solutions**

**714-696-2862**

**www.acuitybehaviorsolutions.com**



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Email: [info@acuitybehaviorsolutions.com](mailto:info@acuitybehaviorsolutions.com) Web:

[www.acuitybehaviorsolutions.com](http://www.acuitybehaviorsolutions.com)

